

A BI Cognitive Behavioral Program

Are you considering adding jail beds? Is your county trying to get the most from its budget while protecting citizens?

Jail overcrowding, tight county budgets, and offenders who repeat crime after crime are clogging county jails. As a result, staff safety is compromised, early release and other strategies are being used, and judges have few sentencing alternatives. To cope with the inflow of inmates, most counties are finding they need to add costly jail beds and facilities more frequently at higher expense.

For counties, now there is a solution – A BI Cognitive Behavioral Program – that delivers intensive supervision, treatment and training in the community.

These programs help reduce jail overcrowding almost immediately.



How can a BI Cognitive Behavioral Program reduce jail overcrowding and save my county money?

A BI Cognitive Behavioral Program for counties helps alleviate jail overcrowding immediately by enrolling certain inmate populations, such as lower risk recidivists or offenders with drug and alcohol problems who could benefit from treatment and training. Reducing the jail population results in significant capital and operational cost savings – today and in the future. In addition, a BI Cognitive Behavioral Program is ideal for chronic probation violators who often return to jail at high cost for technical violations.

A BI Cognitive Behavioral Program for counties is highly structured and developed for offenders who are resistant to treatment and change. These programs help offenders address irrational thoughts that lead to crime. Offenders can be referred by judges, probation, sheriffs and jail administrators. Participants may include probationers, parolees, pre-trial defendants, even offenders serving out sentences in the community. BI's program curriculum provides many opportunities to model and practice problem-solving and pro-social skills.

Supporting Supervision Efforts

At a BI Cognitive Behavioral Treatment Program, participants are monitored closely for compliance with:

- Daily check-ins
- Computerized data collection
- Reports to the agency
- Regular drug testing techniques
- Intensive case management

Cognitive Behavioral Treatment

County-level participants will go a BI Cognitive Behavioral Treatment Program for 90 to 180 days. Individuals referred to this program are assessed with the LSI-R to determine criminogenic risk and needs. BI develops an individual behavior change plan with each client based on this assessment and other observable factors. As a result, treatment is maximized and resources conserved. BI staff is trained in motivational interviewing techniques, which increase client engagement, retention, and compliance and decrease resistance to change. Program participants attend a mix of treatment groups and classes:

- Cognitive behavioral therapy
- Life skills
- Parenting
- Employment readiness
- Substance abuse-related treatment and education
- Anger management/conflict resolution
- Domestic violence
- GED preparation
- Aftercare

Treatment is tapered with positive compliance as the person demonstrates pro-social skills and adjusts to a crime-free lifestyle.

Community Connections

At each BI Cognitive Behavioral Program, an exciting program called Community Connections is also available for program participants. Community Connections links to program participants to valuable long-term community resources, including food and housing, health services, education, employment, proper identification, legal support, family classes, wellness, substance abuse, and much more. By coordinating these community partners, BI adds program capacity to help keep individuals crime-free.

Cognitive behavioral treatment tackles criminal thinking and helps achieve long-term savings by getting people out of the system.

Benefits to Counties

- Clients in these programs cost the county a fraction of jail
- These programs can be rapidly implemented in 60 to 90 days
- Reduces jail overcrowding by getting repeat offenders out of the system
- Helps alleviate jail overcrowding almost immediately
- Targets chronic criminal behavior and thinking
- Allows counties to postpone or avoid jail expansions
- Outsourcing to BI allows counties to avoid staffing liabilities
- Centers become positive hubs of activity for probationers
- Supports busy probation officers by managing problematic offenders
- Programs can be customized to local agency requirements
- Helps offenders to develop skills and positive connections that will turn them into productive citizens
- Includes evidence-based practices

Why BI Incorporated?

Founded in 1978, BI Incorporated supports more than 1,000 correctional agencies today in the United States, Canada, Puerto Rico, Guam and Australia. BI provides agencies with innovative compliance technologies, industry-leading monitoring services, and evidence-based supervision and cognitive behavioral treatment programs for community-based parolees, probationers, and pretrial defendants.

Each county is unique, and so are the solutions BI can offer you. Call us today. A representative would like to hear the challenges you face and explore how we may support your public safety efforts.

For more information on a BI Cognitive Behavioral Program for counties or other BI solutions, please contact a:

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You can also learn more about BI and our solutions at www.bi.com.



Scope: The design, production, installation and support of EM services and products in the Boulder, CO and Anderson, IN facilities.

